

STARTERS

SOUP OF THE DAY– chef's home made soup served with crusty bread

£3.00

PRAWN COCKTAIL–succulent North Atlantic prawns on a bed of crispy lettuce, served with brown bread and Marie Rose sauce

£4.75

COMBINATION PLATTER (for two people)– hot chicken wings, potato wedges, breaded mushrooms, onion rings, spicy chicken dippers, garlic bread, scampi and torpedo breaded prawns served with a sweet chilli dip

£7.50

CHICKEN LIVER PATE– homemade and served with salad and warm toast

£3.95

MUSSELS– Bantry Bay mussels in a garlic and cream sauce served with a crispy baguette and salad

£5.25

SPICY CHICKEN DIPPERS–lightly battered spiced chicken goujons served with lemon mayonnaise and salad garnish

£3.95

MAIN COURSES

All our main courses are served with a choice of potatoes and vegetables or salad

MACHO LAMB- Roast half shoulder of welsh lamb served with a redcurrant and rosemary jus lie

£10.95

TRADITIONAL STEAK AND KIDNEY PIE- with a puff pastry lid

£7.25

HUNTERS CHICKEN- Chicken breast wrapped in smoked bacon in a barbeque sauce topped with Welsh cheese

£8.95

WELSH BEEF LASAGNE- Home made beef lasagne made with fresh home made pasta and traditional Neapolitan sauce.
Served with Garlic Bread and a side salad

£7.50

LAMB AND LEEK SAUSAGES-served on a bed of creamed potato and onion gravy

£7.25

FISH DISHES

TRADITIONAL FISH AND CHIPS– deep fried jumbo cod made with homemade batter and served with chips and home made mushy peas

£7.50

WHITBY BAY SCAMPI– hand selected whole tail scampi

£7.50

SALMON– salmon fillet with sweet red and yellow pepper sauce on a bed of garnish

£8.50

SEA BASS– locally caught fillet of sea bass served with a champagne prawn sauce

£8.50

BREADED PLAICE– Deep fried breaded plaice served with chips and vegetables.

£7.50

SIZZLERS

SWEET AND SOUR CHICKEN –tender strips of chicken breast with mixed peppers baby corn, spring onion and pineapple served with half rice or half chips

£9.45

DUCK SIZZLER – sliced Barbury Duck breast served with stir fried vegetables and noodles in our chef's special sauce

£9-.45

CURRY DISHES

CHICKEN TIKKA– a mild home made curry

£7.95

WELSH BLACK BEEF JALFREZI- Spicy beef curry

£7.95

The above dishes are served with naan bread and home made mango chutney with chips or rice or half and half

FROM THE GRILL

All our grills are served with onion rings, mushrooms and grilled tomato, with a choice of potatoes and salad unless otherwise stated Please see our side orders for a selection of sauces

TY GWYN T- BONE STEAK-
£14.95

SUCCULENT 10-12 oz FILLET STEAK-
£13.95

A CENTRE CUT 10-12 oz SIRLOIN STEAK-
£12.45

8oz RUMP STEAK-
£9.45

14-16oz GAMMON STEAK- served with griddled egg and
pineapple
£9.50

MINTED LAMB STEAK
£8.95

2x 4oz BEEF LAMB OR PORK BURGERS- Served in a bap with a
choice of cheese egg or bacon toppings and salad
£7.95

SALADS

£6-00

All for £6.00 each and served with seasonal salad vegetables and fruit (optional) also crusty bread and butter

HOME-BAKED ROAST HAM

TRADITIONAL PLOUGHMAN'S- Served with home made coleslaw and home made chutney and Welsh cheese

CHICKEN CAESAR

SLICED SMOKED DUCK BREAST-in honey drizzled with a raspberry dressing

PRAWN WITH MARIE ROSE SAUCE (Optional)

CHEESE, CHIVE AND PINEAPPLE

JACKET POTATOES

£4.95

Served with a choice of fillings with side salad

TUNA, PEPPERS AND SPRING ONION WITH MAYONNAISE

CHEESE, CHIVE AND PINEAPPLE WITH MAYONNAISE

PRAWNS WITH MARIE ROSE SAUCE

WELSH CHEESE AND HOME MADE COLESLAW

CHICKEN TIKKA

GARLIC MUSHROOMS

£4.50

BEANS OR CHEESE

LIGHTER MEAL

£4-75

All served with a selection of chips or new potatoes and vegetables or salad

HOME BAKED HAM- with a fried egg

4 OZ GAMMON- with pineapple

HOMEMADE STEAK AND KIDNEY PIE-

BREADED PLAICE-

HOMEMADE COTTAGE PIE

TRADITIONAL FISH AND CHIPS - served with mushy peas

SEA BASS - served with a champagne prawn sauce

GARLIC TOWERS - Garlic bread with mushrooms and tomatoes topped with mozzarella and parmesan cheese.

SANDWICHES OR BAGUETTES

£4-50

Served with a choice of brown or white bread and salad garnish

PRAWN -with Marie Rose sauce served separately

CHEESE, CHIVE AND PINEAPPLE

HOME BAKED HAM

BACON AND CHEESE MELT

CHICKEN MAYONNAISE

CHEESE AND RED ONION

VEGETARIAN

£7-50

VEGETABLE LASAGNE– made in house and served with garlic bread and side salad

MUSHROOM STROGANOFF– served with rice or chips

SPINACH AND RICOTTA TAGLIATELLE– served with garlic bread and side salad

VEGETABLE SAUSAGES–served with creamed potato and vegetable gravy

VEGETABLE CURRY OF THE DAY– a selection of tender vegetables in a traditional sauce served with naan bread, rice or chips or half and half

CHILDREN'S MENU

£4-95

All children's meals include a choice of a child's drink and one scoop of ice cream. Or you can change the ice-cream for a puffin island penguin ice cream for an extra fifty pence

CHOOSE FROM THE FOLLOWING OPTIONS

MINI PIZZA

COD FILLET

CHICKEN NUGGETS

SCAMPI

HOME MADE CHICKEN TIKKA

HOME MADE LASAGNE

SPAGHETTI BOLOGNAISE

To accompany the main dish please choose from the following

CHIPS MASHED POTATO OR RICE

HALF RICE AND HALF CHIPS

GARLIC BREAD

SALAD

BEANS PEAS OR VEGETABLES

SIDE ORDERS

CHIPS £2.00
NEW POTATOES £2.00
GARLIC MUSHROOMS £2.00
MUSHROOMS £1.50
ONION RINGS (8) £1.50
BREAD AND BUTTER £0.50
BEANS £1.00
HOME MADE MUSHY PEAS £1.00
HOME MADE COLESLAW £1.00
GRAVY £1.00
BAGUETTE £1.00
FRIED EGG £0.50
GARLIC BREAD £2.00
CHEESY GARLIC BREAD £2.50

SAUCES

£2:00

All our sauces will be home made from fresh ingredients

BLACK PEPPERCORN SAUCE
GARLIC, MUSHROOM SAUCE
DIANE SAUCE
CHASSEUR SAUCE

PLEASE SEE OUR SPECIALS BOARD FOR OUR LUXURY DESSERTS.
WHICH ARE MADE IN HOUSE BY OUR PASTRY CHEF

A SELECTION OF COFFEE OR TEA IS AVAILABLE